

# ABBREVIATED



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## The Evolution of the Ceiling Lift: A Glimpse at How a Single Device Has Redefined Caregiver Safety and Patient Care

- Often interchangeably referred to as an overhead lift, the ceiling lift dates back to the early 1980s with the intent of solving some of the issues frequently incurred with floor-based lifts.
- Ceiling lifts provide caregivers with increased maneuverability and the means to operate the lift in minimal and/or tight spaces. They also solve the problem of immediate accessibility of equipment at the point of care, as well as the problem of equipment storage.
- Ceiling lifts reduce the spinal force required to maneuver the patient and are thus regarded as the “Gold Standard” technology for lifting, repositioning, and turning patients.
- Ceiling lifts are versatile due to the different types of slings that can be used with them and the activities that can be performed with them, including in-bed mobility, transfers, and walking.
- Ceiling lifts can be used to transfer a patient directly from one room to another and even within that room, such as from the bed to the toilet in the bathroom and then to a shower seat.
- Ceiling lifts are not suitable to be used in mental health facilities due to the risk of patients trying to injure themselves.
- Ceiling lift motors can be fixed or portable with the smallest now weighing less than 8lbs.

## Evaluation of Techniques for Prone Positioning Using Safe Patient Handling Equipment

- Due to the COVID-19 pandemic, patients are being placed in a prone position as part of their treatment.
- Proning a patient manually carries a very high risk of musculoskeletal injury, therefore this article examines different approaches to proning.
- Techniques for proning with slide sheets, slide tubes, air-assisted technology, floor-based portable lifts, and ceiling lifts are described, and videos are included to demonstrate each technique.
- A summary of pros and cons of each device is provided.
- The cost of SPH equipment and required manual handling tend to have an inverse relationship, meaning that the least expensive SPH devices require the greatest amount of manual handling, and the most expensive devices require the least amount of manual force production.

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## Round Table Discussion: A Vendor perspective on the Impact of COVID-19 on the SPHM industry

- Focuses on 3 vendor perspectives on how the COVID-19 crisis has affected their role and business and what the “new normal” may look like after the pandemic is over.
- Single-patient-use equipment and ensuring its supply to clients has become very important.
- The importance of Early Mobility may be one way to get SPHM programs back on track after COVID-19.
- Need to spend some time reflecting on whether the management of COVID-19 patients has highlighted any gaps for technology development.
- The “new normal” will include more virtual meetings, pre-recorded or live video demonstrations of technologies, as facilities seek a more efficient approach to the SPHM programs and equipment purchase.