

# ABBREVIATED



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## Role of an Innovative and Structured Safe Patient Handling Training for New-Hire Nursing Staff on Reducing Musculoskeletal Injuries, Staff Empowerment, and Knowledge Translation

- This article describes the training of new staff on SPHM following the lack of a consistent approach to SPHM orientation for newly hired staff in the Northwell Healthcare System.
- The training and education was underpinned by the 5 pillars of the Northwell SPHM program: governance, education, assessment, communication, and teamwork.
- The training and education for newly hired staff was provided using a structured approach, taking into account the different learning styles of the learners based on ages. It included the learning management system, specific skill stations, simulation, digital recordings, and gaming.
- Useful tips are also included on how to provide the training in the existing pandemic climate that accommodated social distancing and other infection control measures.
- The primary goals and outcomes of this SPHM training and education process were threefold: improving patient and employee safety, instilling empowerment, and thereby increasing retention and reducing staff burnout seen in new-hire staff through structured training and allowing for opportunities where true knowledge translation can occur.

## Reducing Preventable Injuries Through the Safe Patient Handling and Mobility Program Bundle

- This article discusses the impact of implementing an SPHM program bundle in one unit at a VA healthcare facility.
- Based on the premise that an effective SPHM program includes: proactive leadership, strong commitment, a dedicated educational component, and continual data analysis.
- The implementation of the SPHM bundle produced a 100% reduction in lifting/repositioning preventable injuries of employees on the unit.

## Bringing Life to a Systemwide Early Mobility Clinical Practice: Part 1

- Based on a pilot program called virtual Care of Elders (vACE) at Banner Health in Phoenix, Arizona.
- The article demonstrates the development and implementation of an interdisciplinary team (IDT) approach for improving patient outcomes through early mobilization.
- This article (Part 1) focuses on the processes used by the Early Mobility Steering Committee, using the concepts of vACE, the medicine clinical consensus group (CCG) and a nurse driven bedside mobility tool (BMAT).
- Part 2 (available in the September 2021 issue of the IJSPHM) will present the outcomes of the study.

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