

ABBREVIATED



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Note from the Editor-in-Chief:

Welcome to the first Abbreviated of 2021 and also the first one that represents the first of our online only issues of the *International Journal of SPHM (IJSPHM)*. We are now able to include more articles, more digital advertising, and more engagement with our writers and readers, and, of course, you. Vendors are, and will always be, a very important part of the journal family. I hope you will use the opportunities we often provide for vendors to engage in the activities by joining the *International Journal of SPHM* Linked In Group, following us on Facebook, and by reading the quarterly issues of Abbreviated, which can be found by visiting the journal website at www.SPHMjournal.com and clicking on the vendor portal link at the top of the home page. The main goal of Abbreviated is to provide you with a brief summary of the key articles in each issue of the *IJSPHM*, and be able to share that knowledge with your clients. Also, if you have ideas for what you would like included in Abbreviated, please email info@SPHMjournal.com.

Interprofessional Education Safe Patient Handling and Mobility Workshop for Persons of Size

- Research study, conducted by faculty of the Oakland University, Rochester, MI., designed to examine the outcomes of an interprofessional workshop on SPHM and persons of size
- Professional groups included were physiotherapists (PT), occupational therapists (OT), and emergency medical services (EMS)
- Data was collected using a pre- and post-test survey of the workshop. 212 professionals attended the workshop, with 193 completing the pre-and post-test survey
- The 2.5 hour workshop included a seminar, videotaped case studies, and interprofessional group discussion facilitated by faculty.
- It was found that the study participants improved their knowledge in 3 areas; their ability to define a person of size; medical considerations during transfer; the impact of medications on SPHM.

Utilization of a Wellness/Mobility Technician: Interprofessional Inpatient Oncology Population-Focused Quality Improvement Project

- Interprofessional, quality improvement project
- Focuses on patient mobility and the potential to reduce functional decline in oncology inpatients, by introducing the role of a wellness/mobility technician
- Pilot was on a medical/oncology unit, with a convenience sample of inpatients, admitted to the unit for a 10 week period
- The project evaluates patient outcomes related to a reduction in iatrogenic conditions, such as hospital-acquired pressure injuries, falls with injury, post-acute placement, and length of stay on the unit.
- Changes in the number of times a patient mobilized (outside their room) were considered.
- The use of the wellness/mobility technician increased the number of walks patients took each day.

Effect of Safe Patient Handling and Mobility Coordinators on Work-Related Musculoskeletal Injuries, Proximal Mental Illness, and Patient Related Safety Events in New York State Intensive Care Unit Registered Nurses in the Age of COVID-19: The Methods.

- This is the 1st of a 2 part article on the impact COVID19 has had on nurses working in intensive care units.
- The article discusses the methodology of a 1 year prospective cohort study designed to examine the impact of SPHM Coordinators on ICU-RNs in New York State (NYS).
- Participants will be recruited from all 43 health care systems in NYS, if the facilities wish to be involved.
- ICU nurses will complete 3 surveys, immediate, then after 6 and 12 months, and SPHM Coordinators will complete 2 surveys.
- The primary outcome of the study is to identify self-reported incident work related MSIs
- Proximal mental illness, lost workdays associated with incident work-related MSIs, and proximal mental illness, and psychosocial exposures in ICU-RNs, and patient-related fall and pressure injuries will be secondary outcomes.

Early Mobility During COVID-19. Perspectives from Industry Leaders Around the World

- The article looks at the impact COVID-19 has had on the implementation of early mobility as noted by experts in a variety of countries
- Includes perspectives from Brazil, Japan, Germany, UK, and USA
- Identifies how important early mobility is to COVID-19 patients
- Anecdotally it has been reported that where COVID-19 cases have been high, early mobility programs have suffered.
- Stresses the importance of multi-professional communication in ensuring effective early mobilization for patients.

Hope you enjoy the Early Mobility articles we shall be including in each issue as part of our focus on this very important area of patient care, and as a crossover from and within SPHM.