

# ABBREVIATED



Issue 16 | December 2021

## eUlift, an Innovative App to Support Caregivers in Safe Patient Handling

- Current training modules for patient handling are often insufficient to prevent MSDs, whereas mobile technology offers new opportunities for the in-service training of caregivers.
- The eUlift app combines evidence-based knowledge with a very detailed description of the execution of techniques and postures, supported by 3D animations.
- This app intends to combine online learning components with face-to-face learning and practice within an authentic context, facilitating reflection with peers, exchange of ideas and feedback.
- The eUlift app is a new and innovative tool with potential to support caregivers in patient handling techniques, and can be easily accessed on a mobile phone.

## Promoting a Safer Handling Culture to Caregivers Working in Nursery/Daycare and Other Childcare Settings

- This article considers how to promote a safer working culture for caregivers in early years' childcare settings, particularly considering the neuro typical child.
- It discusses the specific challenges of adults working with small children and the fact they are working in an environment where the furniture is not designed for the adult.
- Risk factors for injury include: workforce instability, physical factors, environmental risk factors, and emotional stress factors.
- Technology solutions relate to ergonomic challenges such as providing a back support when sitting on the floor with a child, adjustable height changing tables, and storage units for toys etc. at a more comfortable height. The need for better training to this group of caregivers was also identified as a need.

## HMC Transfer Assessment Protocols (HMC-TAPs): A Multifactorial and Communicative Tool for Safe Patient Handling and Mobility Methods in Interdisciplinary Teams

- HMC, a Swedish national knowledge center, developed transfer assessment protocols (TAPs) to facilitate patient transfers, while also promoting shared understanding among and between allied health professionals and other frontline caregivers.
- This article aims to present measurement parameters for the HMC-TAPs, using 1 protocol for assistant nurses and another for rehabilitation staff.
- Key findings include an initial common construct theory and standardized language for information exchanges regarding a patient's mobility status, using meaningful, comparable, practical, and scientific measurements of critical physical abilities for SPHMM.

## The SPHM Standards 2nd Edition

- The Safe Patient Handling and Mobility Inter-professional National Standards Across the Care Continuum, "the Standards," were published in 2013 to fulfill a need for national guidelines to reduce the risks of injuries and musculoskeletal disorders (MSDs) of healthcare workers.
- One goal of the updated Standards is to communicate the continued need for standardized SPHM programs and resources.
- The titles, principles, and intent of the Standards have not changed in the 2nd edition.
- A free outline of the 2nd edition of the Standards will be available on the ANA website. This will include the updated language of the Standards and corresponding resources and references. The website also includes an overview video and links to national documents. Practitioners may purchase a hard copy or e-book containing all the content. For information, please go to <https://www.nursingworld.org/practice-policy/work-environment/health-safety/handle-with-care/>.

## Bringing Life to a System-Wide Early Mobility Clinical Practice: Part Two

- This is a follow-up article to the one entitled Process Improvement Journey in Early Mobility in the December 2020 Abbreviated, in which the article demonstrated the development and implementation of an interdisciplinary team (IDT) approach for improving patient outcomes through early mobilization
- Part 2 demonstrates the six-month implementation strategy, the baseline data that speaks to process and outcome measures and lessons learned from a large healthcare system perspective.
- The most significant outcome has been the reduction in patient's length of stay.
- Other ideas that have come from the study include the use of technology to send out mobility alerts to bedside staff on patients who mobilized less than 100ft the previous day, mid-shift mobility huddles, and creative staffing through the potential of a mobility team.

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