

ABBREVIATED



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Impact of Ultra-Low Height Healthcare beds on Falls and Mobility: A Systematic Review

- The objective of the review was to explore the use (and any associated risks) of ultra-low height healthcare beds with respect to independent patient sit-to-stand(STS)/walk (STW) movements, including falls.
- The database search produced 1,057 references. Following screening based on pre-determined criteria and critical appraisal, a final dataset of 11 papers was determined as suitable for qualitative synthesis.
- The ultra-low bed can be used to support a reduction in falls injury risks, but the evidence is limited despite very promising initial findings.
- There are also concerns that a low height bed might limit mobility for STS/STW without using a grab rail (and pushing up from the bed).
- The functional use of the bed for STS/STW needs to be considered as part of a larger microsystem, including the use of side rails, grab rails, and other adjacent furniture/walking aids.

Transforming Safety at the Bedside with Safe Patient Handling Practice

- A level I trauma center in Western New York implemented a safe patient handling program throughout the continuum of care to decrease healthcare worker injuries. The program was fully developed over a 3 year period beginning in 2016.
- There was a large focus on involving frontline staff in the decision making for equipment choices and training via a strong safe patient handling committee, trial of products and vendor fair
- A pre-/post- evaluation of the effectiveness of the program demonstrated that the institution appreciated a 50% decrease in worker's compensation claims, a 79% reduction in associated costs, a 73% reduction in lost work days and 83% reduction in restricted work days pertaining to patient handling injuries.

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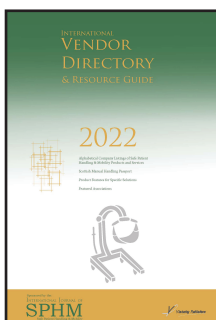
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International Round Table Discussion: The Challenges of Providing Dignified Bathroom Care

- In the technological world we live in, it is important to remember that meeting the most fundamental needs of patients and residents should not be overlooked.
- When technology is used to assist a patient/resident to the bathroom, it should be used with dignity and respect, and not restrict the patient's privacy.
- Two of the biggest causes of patient falls are when a patient tries to get to the bathroom on their own or when they are getting off the toilet. Technology is available to reduce both of these risks and should be made available for healthcare staff to use.
- Bedside commodes can be an option for patients overnight when they are in a private room.
- Ideally a patient's dignity will be maintained when using the toilet if they have an assistive device that can help them stand after use or after using a bedside commode or similar.



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